

Daily Prayers for Women

Nicole Crone

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Prayer changes things.

I've heard this saying all of my life, and believe it's true. Prayer is a beautiful way to connect with God and to pour out our cares to Him. But sometimes, I'm not so sure what to say.

Daily Prayers for Women is a collection of newly written prayers to facilitate a deep connection with God.

I originally created these daily prayers for myself, since I wanted a simple, straightforward way to connect with God each morning and night when words failed me. In this book we'll be praying through the following themes each day of the week:

Sunday - New Beginnings

Monday - Compassion and Love

Tuesday - Communication

Wednesday - Stability

Thursday - Change and Adaptation to Life

Friday - Godly Vision and Hope for the Future

Saturday - Completeness and Wholeness

I hope this guide for Christian women blesses you. Each morning and evening this prayer guide begins with a Bible verse and an invitation to still your heart before God. Then comes time for an opening prayer, scripture meditation, a prayer of thanksgiving, and a closing prayer.

These prayers are meant to help us communicate with God by resting in the Spirit's presence rather than relying on intellectual reflection alone. May your relationship with God deepen each and every day.

-Nicole

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Sunday Morning Prayer

For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.

Isaiah 43:19

In stillness, be aware of God's presence.

Opening Prayer

God, as I start this week, I ask you to guide my steps.

Sunday is a day of new beginnings and fresh starts.

Open my eyes to your goodness as you birth something good inside of me.

May I walk in wisdom as I seek to follow your way.

May your light shine into my life, giving me clarity.

And above all else, may I remember to love you.

Scripture Meditation

The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning.

Lamentations 3:22-23

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

2 Corinthians 5:17

Prayer of Thanksgiving

God, I thank you for your kindness as this week begins, for you are the God of new beginnings.

You know my every thought, and know what's best for my life.

Please guide me on the correct path and help me to know which way to go.

New beginnings are the perfect time to give you honor and glory,

And I give all honor to you, God.

Thank you for the light to illuminate my path.

Thank God for the blessings in your life.

Closing Prayer

God, may I walk worthy of you this week.

And yet, help me to remember that you are always here if I stumble.

You light up my life, and are with me no matter what may come.

I trust in your new beginnings.

Sunday Evening Prayer

Do not despise these small beginnings, for the Lord rejoices to see the work begin.

Zachariah 4:10

In stillness, be aware of God's presence.

Opening Prayer

God, may I rest easy tonight, knowing that you are with me.

As the freshness of this week fades, help me remember that you are in the midst of everything I encounter.

I trust in you as the day comes to a close, believing that something good in my life began today.

Scripture Meditation

And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

Romans 8:28

Yet God has made everything beautiful for its own time. He has planted eternity in the human heart, but even so, people cannot see the whole scope of God's work from beginning to end.

Ecclesiastes 3:11

Prayer of Thanksgiving

God, I thank you for today and for the blessings I saw while walking on your path.

I saw them with fresh eyes, knowing that your goodness surrounds me.

Thank you for the opportunity to begin fresh each week, and each morning too.

You are full of loving kindness and are always eager to forgive my mistakes.

May I be a woman who always remembers your goodness and love.

I acknowledge you in all that I do.

Thank you for your light and love, now and forever.

Thank God for the blessings in your life.

Closing Prayer

God, may I walk with you more closely as you guide me tenderly.

May I completely trust in your will for my life.

Tonight, let me rest in safety as I remember that your new beginnings are trustworthy.

When I follow you, my path is made straight.

Monday Morning Prayer

The Lord is merciful and compassionate, slow to get angry and filled with unfailing love.

Psalm 145:8

In stillness, be aware of God's presence.

Opening Prayer

God, open my eyes to compassion and to the love you placed inside my soul.

You encompass all things.

In goodness you created the world and everything in it.

May I see you clearly as I walk through my day, and help me be fueled by compassion.

May I be a woman who loves others as you do.

Scripture Meditation

You must be compassionate, just as your Father is compassionate.

Luke 6:36

He existed before anything else, and he holds all creation together.

Colossians 1:17

Prayer of Thanksgiving

God, thank you for giving me the gift of love and compassion and may I spread it to others today.

When others see me, may they see you, in all that I am and all that I do.

Thank you for your loving kindness.

Human words cannot even begin to describe it.

Thank you so much for giving me the opportunity to love you and others today.

May I remember that your love is the source of all things.

Thank God for the blessings in your life.

Closing Prayer

God, you treat me with so much kindness.

May I remember to treat others this way too.

I want to flourish in your love and may it pour out of me.

Help me to reach the world with your goodness.

Monday Evening Prayer

For this is how God loved the world: He gave his one and only son, so that everyone who believes in him will not perish but have eternal life.

John 3:16

In stillness, be aware of God's presence.

Opening Prayer

God, may your love envelope me tonight as I remember your loving kindness.

You've been so loving to me, even when I've failed.

You've walked beside me all day long.

Your love sustains me and is the basis of my being.

May I always think about your love.

Scripture Meditation

We love each other because he loved us first.

1 John 4:19

Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged.

1 Corinthians 13:4-5

Prayer of Thanksgiving

God, how I love you.

Thank you for my life, both for the good and the bad.

I know you're working in my life powerfully since your love never fails.

Thank you for showing me how to be a woman of love.

For love is what can create a beautiful world.

You're revealed in love, and I reveal you when I live in your love.

May your love cover me as I rest tonight, and may I always remember to mirror your compassion.

Thank God for the blessings in your life.

Closing Prayer

God, may I learn to love more deeply, as you have loved both me and the entire world.

Your compassion has given me hope and purpose.

May I show compassion more deeply while walking beside you.

Tuesday Morning Prayer

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.

James 1:19

In stillness, be aware of God's presence.

Opening Prayer

God, help me remember that I can always talk to you today, no matter where I am or who I'm with.

You alone fill my soul with joy, and you long to be near me in both mind and spirit.

Help me to share your love with others as I go about my day.

I want to point everyone I encounter to you with my compassionate words.

Scripture Meditation

To answer before listening—that is folly and shame.

Proverbs 18:13

Too much talk leads to sin. Be sensible and keep your mouth shut.

Proverbs 10:19

Prayer of Thanksgiving

God, thank you for communicating to me through nature, your Spirit, and the Scriptures.

You've shined a light on my path and have shown me the way to go.

As I begin this day, help me to become a woman of integrity in both my speech and actions.

May my words be like honey, peppered with your love.

Help me to love others through my words, whether they be family, friends, acquaintances, or those I don't agree with.

May my communication honor you forever and always.

Thank God for the blessings in your life.

Closing Prayer

God, may I learn to speak more clearly, letting others know how very loved they are.

May I learn to act more swiftly when I see someone in need, communicating to them your own great love.

Tuesday Evening Prayer

And we are confident that he hears us whenever we ask for anything that pleases him

1 John 5:14

In stillness, be aware of God's presence.

Opening Prayer

God, as today comes to a close I'm grateful that you're always willing to listen to my heart.

May I remember to share my every care with you since you care so much about me.

Help me to give my burdens over to you, and may my sleep be restorative as I rest in your love.

Scripture Meditation

The words of the reckless pierce like swords, but the tongue of the wise brings healing.

Proverbs 12:18

A gentle answer deflects anger, but harsh words make tempers flare.

Proverbs 15:1

Prayer of Thanksgiving

God, thank you for the gift of communication.

You've allowed me to minister to others today through my words and actions.

Thank you for speaking to my heart today, even when I felt tired and weak.

Thank you for everyone you've sent into my life.

May I have nurtured them well today.

May your love and compassion have covered them through my own prayers, words, and actions.

Thank God for the blessings in your life.

Closing Prayer

God, may I remember that your love for me never fails.

Even if I made mistakes while communicating today, your mercies are always new.

May I speak and act with grace as I remember your great mercy and love.

Wednesday Morning Prayer

I know the Lord is always with me. I will not be shaken, for he is right beside me.

Psalm 16:8

In stillness, be aware of God's presence.

Opening Prayer

God, as this new day dawns help me remember that you are a solid rock.

You provide me stability and have given me a place to build my life upon.

You are my safe place and my shield.

May I always walk on the solid footing of your path.

Help me see clearly the way I should go.

I want to rely on your strength.

Scripture Meditation

Wickedness never brings stability, but the godly have deep roots.

Proverbs 12:3

Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.

1 Corinthians 15:58

Prayer of Thanksgiving

God, thank you for giving me a solid foundation.

On this foundation I'm able to build a peaceful life.

May I be a woman of peace who remains strong in my convictions as I continually trust in you.

Thank you for giving me the blessing of stability, and may I pass this blessing on to those around me.

May I become a woman of good character who is fully and completely grounded in you.

Thank God for the blessings in your life.

Closing Prayer

God, may I choose the stable path as I go about my day, always counting on you to lead the way.

Thank you for your guidance and for my intuition.

Help me remember to listen to your still, small voice when I need help.

Wednesday Evening Prayer

The Lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection.
He is my shield, the power that saves me, and my place of safety.

Psalm 18:2

In stillness, be aware of God's presence.

Opening Prayer

God, I felt your unfailing love today.

It never failed as I walked close to you.

May I always remember how solid your love for me is.

Your strength has sustained me all day long, and it helped me be strong for others.

May I always remain rooted in you, for you alone give me the strength and stability I need.

Scripture Meditation

He alone is my rock and my salvation,
my fortress where I will not be shaken.

Psalms 62:6

Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock.

Matthew 7:24

Prayer of Thanksgiving

God, thank you for your safe and stable love today.

I've never been alone. I've trusted and rested in you.

Thank you for showing me that your way is best, and how special a stable and strong trust in you truly is.

When my trust in you is stable, then the rest of my life is too.

May my faith grow stronger each day.

Thank you for helping me become a woman of stability; a woman who trusts in you no matter what.

Thank God for the blessings in your life.

Closing Prayer

God, may I remember to remain stable and strong as I meditate on your goodness, mercy, and love.

May I always choose solid ground over shaky sand.

I want to build my life on the rock of your love.

Thursday Morning Prayer

For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.

Isaiah 43:19

In stillness, be aware of God's presence.

Opening Prayer

God, as a new day dawns help me to embrace the inevitability of change, knowing that through change I learn and grow.

Change allows me to become more like you.

Each day, help me to love you and others more and more.

May I become a woman who welcomes change, knowing that when I embrace this life I grow closer to you.

Scripture Meditation

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2

Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

Ephesians 4:23-24

Prayer of Thanksgiving

God, thank you for the changes that have happened in my life.

They haven't always been easy, but through change I've grown stronger.

Each experience in my life has shaped and molded me and I'm now a woman who's closer to you than I was before.

Thank you for helping me adapt to new situations as they arise.

May I always stay close to and rooted in you.

The waves of life have shaped me into the woman I am now.

Thank you for being with me during each step.

Thank God for the blessings in your life.

Closing Prayer

God, while my trust in you is unchanging, I know this world is not.

Help me meet today with a good attitude, even in the face of change.

May I continuously remember to seek you through the changing phases of my life.

Thursday Evening Prayer

Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.

Proverbs 3:5-6

In stillness, be aware of God's presence.

Opening Prayer

God, I felt your presence today even though everything hasn't gone the way I thought it would.

May I rest in the fact that your will for me is good.

I know that you always offer me grace, love, and mercy.

May I hold onto your hope through the changes of my life.

Scripture Meditation

But blessed are those who trust in the Lord and have made the Lord their hope and confidence.

Jeremiah 17:7

This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him.

Psalms 91:2

Prayer of Thanksgiving

God, thank you for opening my eyes to your goodness as my life has changed and I've grown closer to you.

Thank you for helping me adapt to changes, knowing that you're always walking beside me.

Thank you for helping me become a woman of wisdom who follows you closely through life's twists and turns.

May I always adapt when I need to.

Thank you for your love, which surrounds me no matter what happens in my life.

Thank God for the blessings in your life.

Closing Prayer

God, may I rest well tonight as I remember that your compassion is neverending.

The changes I've encountered today will cause me to become a stronger woman of God.

May I face each day with a good attitude, knowing that adapting to change builds strength and resilience.

Friday Morning Prayer

I pray that God, the source of hope, will fill you completely with joy and peace.

Romans 15:13

In stillness, be aware of God's presence.

Opening Prayer

God, I have a vision for what I want my life to look like.

I give it to you.

Please help my vision align with your will.

Through you, I have so much hope for the future.

Your vision is always good and loving.

May I face the day with hope and excitement, knowing that the future is filled with your love.

Scripture Meditation

You will have a future living in hope, and your hope will never be cut off.

Proverbs 23:18

But those who trust in the Lord will find new strength.

They will soar high on wings like eagles.

They will run and not grow weary.

They will walk and not faint.

Isaiah 40:31

Prayer of Thanksgiving

God, thank you for the vision you have for my life.

For goodness, peace, and love.

May I walk in your vision today.

I know you want what's best for me, and I want to become a woman who fully depends on you.

Thank you for giving me a godly vision.

May it pour out of my life and into the lives of others.

Thank you for love. Thank you for peace.

Thank you for speaking life into me, and may I grow into the vision you have for me.

Thank God for the blessings in your life.

Closing Prayer

God, help me to have a godly vision.

May my mind align with yours.

With your vision, my life will become better each day.

May I always remember to lean on you and trust your will.

Friday Evening Prayer

Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.”

Matthew 11:28

In stillness, be aware of God's presence.

Opening Prayer

God, your vision for my life is so, so good.

You are full of compassion and loving kindness.

May I rest well, knowing that you want what's best for me.

I trust your vision and want what you want.

May I become a woman of vision who's rooted in you and your love.

Scripture Meditation

You are my refuge and my shield;
Your word is my source of hope.

Psalms 119:114

Hope deferred makes the heart sick,
but a dream fulfilled is a tree of life.

Proverbs 13:12

Prayer of Thanksgiving

God, thank you for everything you've given me.

I know your vision is abundant and life-giving.

Thank you for helping me become a godly woman who always trusts in your love.

I know you will always provide for me abundantly.

Your peace, love and truth are neverending.

Thank you for the vision you've given to me.

May I always remember to seek you as I envision my future.

Thank God for the blessings in your life.

Closing Prayer

God, may I continue to grow closer to you as I envision what you'd like my life to look like.

I know that you always have my best in mind.

May your vision for my life come to pass.

Saturday Morning Prayer

And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

Philippians 1:6

In stillness, be aware of God's presence.

Opening Prayer

God, may your wholeness make me whole.

In you I have everything I need.

You are perfectly complete, and I desire to grow closer and closer to you.

Help me become a woman who trusts in you completely, for you are completely compassionate and faithful.

Scripture Meditation

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

Romans 15:13

For in Christ lives all the fullness of God in a human body. So you also are complete through your union with Christ, who is the head over every ruler and authority.

Colossians 2:9-10

Prayer of Thanksgiving

God, thank you for the opportunity to praise you today.

You lack nothing in wisdom and love.

You always finish what you start in those who seek you.

Thank you for completing a good thing in me, and for helping me to become a stronger woman of God.

In you, I am all things.

Thank you for your neverending compassion.

Thank God for the blessings in your life.

Closing Prayer

God, may I remember that you are completely perfect.

I want to apply your will to my life.

Today I hope to serve you with my whole heart.

May I show compassion to others how you show compassion to me.

Saturday Evening Prayer

I want them to be encouraged and knit together by strong ties of love. I want them to have complete confidence that they understand God's mysterious plan, which is Christ himself.

Colossians 2:2

In stillness, be aware of God's presence.

Opening Prayer

God, tonight I remember that you are complete, wholly and completely good.
I am made complete through you and your compassion surrounds me forever.
Help me to rest in your perfect love both this evening and always.

Scripture Meditation

He is the Rock; his deeds are perfect.

Everything he does is just and fair.

He is a faithful God who does no wrong;

how just and upright he is!

Deuteronomy 32:4

God's way is perfect.

All the Lord's promises prove true.

He is a shield for all who look to him for protection.

Psalms 18:30

Prayer of Thanksgiving

God, thank you for completing my life.

Without you, a piece of me would be missing.

In your kindness, you've made me complete and whole.

I'm a woman of God who longs to rest in you.

Thank you for helping me in life.

I know that your perfection never fails.

In you, I'm able to grow and share your compassion and love with others.

Thank God for the blessings in your life.

Closing Prayer

God, may I rest in your completeness both tonight and always.

Your love has made me whole.

May I remember to always trust you with my whole life.



About the Author:

Nicole Crone is an award winning author, wife, and mother of nine who loves to grow closer to God. She lives with her family in the Appalachian foothills of Georgia. Nicole also writes fiction books, and you can find her at nicolecrone.com. Visit Nicole's etsy shops at nicolecronestudio.etsy.com and joyfullymadehairbows.etsy.com .