

*Daily Prayers  
for Women*

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*Prayer changes things.*

I've heard this saying all of my life, and believe it's true. Prayer is a beautiful way to connect with God and to pour out our cares to Him. But sometimes, I'm not so sure what to say.

*Daily Prayers for Women* is a collection of newly written prayers to facilitate a deep connection with God.

I originally created these daily prayers for myself, since I wanted a simple, straightforward way to connect with God each morning and night when words failed me. In this book we'll be praying through the following themes each day of the week:

*Sunday - New Beginnings*

*Monday - Compassion and Love*

*Tuesday - Communication*

*Wednesday - Stability*

*Thursday - Change and Adaptation to Life*

*Friday - Godly Vision and Hope for the Future*

*Saturday - Completeness and Wholeness*

I hope this guide for Christian women blesses you. Each morning and evening this prayer guide begins with a Bible verse and an invitation to still your heart before God. Then comes time for an opening prayer, scripture meditation, a prayer of thanksgiving, and a closing prayer.

These prayers are meant to help us communicate with God by resting in the Spirit's presence rather than relying on intellectual reflection alone. May your relationship with God deepen each and every day.

*-Nicole*

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# *Sunday Morning Prayer*

For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.

Isaiah 43:19

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, as I start this week, I ask you to guide my steps.

Sunday is a day of new beginnings and fresh starts.

Open my eyes to your goodness as you birth something good inside of me.

May I walk in wisdom as I seek to follow your way.

May your light shine into my life, giving me clarity.

And above all else, may I remember to love you.

# *Scripture Meditation*

The faithful love of the Lord never ends! His mercies never cease. Great is his faithfulness; his mercies begin afresh each morning.

Lamentations 3:22-23

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

2 Corinthians 5:17

# *Prayer of Thanksgiving*

God, I thank you for your kindness as this week begins,

For you are the God of new beginnings.

You know my every thought, and know what's best for my life.

Please guide me on the correct path and help me to know which way to go.

New beginnings are the perfect time to give you honor and glory,

And I give all honor to you, God.

Thank you for the light to illuminate my path.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I walk worthy of you this week.

And yet, help me to remember that you are always here if I stumble.

You light up my life, and are with me no matter what may come.

I trust in your new beginnings.

# *Sunday Evening Prayer*

Do not despise these small beginnings, for the Lord rejoices to see the work begin.

Zachariah 4:10

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, may I rest easy tonight, knowing that you are here beside me.

As the freshness of this week fades,

May I remember you are in the midst of everything I encounter.

I trust in you as the day comes to a close,

Knowing that your new beginnings began something good in my life today.

# *Scripture Meditation*

And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them.

Romans 8:28

Yet God has made everything beautiful for its own time. He has planted eternity in the human heart, but even so, people cannot see the whole scope of God's work from beginning to end.

Ecclesiastes 3:11

## *Prayer of Thanksgiving*

God, I thank you for today and for the blessings I saw while walking on your path.  
I saw them with fresh eyes, knowing that your goodness surrounds me.  
Thank you for the opportunity to begin fresh each week, and each morning too.  
You are full of loving kindness and are always eager to forgive my mistakes.  
May I be a woman who remembers your goodness and love forever,  
Who acknowledges you in all that I do.  
Thank you for giving me the ability to walk in your light and love now and forever.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I walk with you more closely as you guide me tenderly.

May I completely trust in your will for my life.

Tonight, let me rest in safety as I remember that your new beginnings are trustworthy.

When I follow you, my path is made straight.

# *Monday Morning Prayer*

The Lord is merciful and compassionate, slow to get angry and filled with unfailing love.

Psalm 145:8

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, open my eyes to compassion,  
And to the love you placed inside my soul.  
You encompass all things;  
In goodness you created the world and everything in it.  
May I see pieces of you as I walk through my day,  
And let my actions be fueled by compassion.  
May I be a woman who loves others as you do.

# *Scripture Meditation*

You must be compassionate, just as your Father is compassionate.

Luke 6:36

He existed before anything else, and he holds all creation together.

Colossians 1:17

## *Prayer of Thanksgiving*

God, thank you for giving me the gift of love and compassion,

And may I spread it to others today.

When others see me, may they see you,

In all that I am and all that I do.

Thank you for your loving kindness.

Human words cannot even begin to describe it.

Thank you so much for giving me the opportunity to love you and others today.

May I remember that your love is the source of all things.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, you treat me with so much kindness.

May I remember to treat others this way too.

I want to flourish in your love and let it pour out of me,

Reaching the world with your goodness.

# *Monday Evening Prayer*

For this is how God loved the world: He gave his one and only son, so that everyone who believes in him will not perish but have eternal life.

John 3:16

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, may your love envelope me tonight,  
As I remember your loving kindness.  
You've been so loving to me, even when I've failed,  
Walking beside me all day long.  
Your love sustains me and is the basis of my being.  
May I always think about your love.

# *Scripture Meditation*

We love each other because he loved us first.

1 John 4:19

Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged.

1 Corinthians 13:4-5

## *Prayer of Thanksgiving*

God, how I love you and thank you for my life.

Both for the good and the bad.

For I know you're working through my life powerfully,

Since your love never fails.

Thank you for showing me how to be a woman of love,

For love is what can create a beautiful world.

You're revealed in love, and I reveal you when I live in your love.

May your love cover me as I rest tonight,

And may I always remember to mirror your compassion.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I learn to love more deeply,  
As you have loved both me and the entire world.  
Your compassion has given me hope and purpose.  
May show compassion more deeply as I walk beside you.

## *Tuesday Morning Prayer*

Understand this, my dear brothers and sisters: You must all be quick to listen, slow to speak, and slow to get angry.

James 1:19

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, help me remember that I can always talk to you today,  
No matter where I am or who I'm with.  
You alone fill my soul with joy, and you long to be near me,  
In both mind and spirit.  
Help me to share your love with others as I go about my day,  
Pointing everyone I encounter to you with my compassionate words.

# *Scripture Meditation*

To answer before listening—that is folly and shame.

Proverbs 18:13

Too much talk leads to sin. Be sensible and keep your mouth shut.

Proverbs 10:19

# *Prayer of Thanksgiving*

God, thank you for communicating to me through nature, your spirit, and the Scriptures.

You've shined a light on my path and have shown me the way to go.

As I begin this day, help me to be a woman of integrity

In both my speech and my actions.

May my words be like honey, peppered with your love.

Help me to love others through my words

Whether they be family, friends, acquaintances, or those whom I do not agree with.

May my communication honor you forever and always.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I learn to speak more clearly,

Letting others know how very loved they are.

May I learn to act more swiftly when I see someone in need,

Communicating to them your own great love

# *Tuesday Evening Prayer*

And we are confident that he hears us whenever we ask for anything that pleases him

1 John 5:14

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, as today comes to a close,

I'm grateful that you are always willing to listen to my heart.

May I remember to share my every care with you

Since you care so much about me.

Help me to give my burdens over to you,

And may my sleep be restorative as I rest in your love.

# *Scripture Meditation*

The words of the reckless pierce like swords, but the tongue of the wise brings healing.

Proverbs 12:18

A gentle answer deflects anger, but harsh words make tempers flare.

Proverbs 15:1

## *Prayer of Thanksgiving*

God, thank you for the gift of communication.

You've allowed me to minister to others today through my words and actions.

Thank you for speaking to my heart today,

Even when I felt tired and weak.

Thank you for everyone you've sent into my life,

May I have nurtured them well today.

May your love and compassion have covered them,

Through my own prayers, words, and actions.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I remember that your love for me never fails.

Even if I made mistakes while communicating today,

Your mercies are always new.

May I speak and act with grace as I remember your great mercy and love.

# *Wednesday Morning Prayer*

I know the Lord is always with me. I will not be shaken, for he is right beside me.

Psalm 16:8

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, as this new day dawns help me remember that you are a solid rock.

You provide me stability, offering me a place to build my life upon.

You are my safe place, and my shield.

May I turn to you as I learn to walk on the solid footing of your path.

Help me to see clearly the way I should go.

Help me to rely on your strength.

# *Scripture Meditation*

Wickedness never brings stability, but the godly have deep roots.

Proverbs 12:3

Therefore, my dear brothers and sisters, stand firm. Let nothing move you. Always give yourselves fully to the work of the Lord, because you know that your labor in the Lord is not in vain.

1 Corinthians 15:58

## *Prayer of Thanksgiving*

God, thank you for giving me a solid foundation.

On this foundation, I'm able to build a peaceful life.

May I be a woman of peace who remains strong in my convictions,

As I continually trust in you.

Thank you for showing me the blessing of stability,

And may I pass on that blessing to those around me.

May I grow to be a woman of good character

Who is fully and completely grounded in you.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I choose the stable path as I go about my day,

Counting on you to lead the way.

Thank you for your guidance and for my intuition,

Help me remember to listen to your still, small voice when I need help.

# *Wednesday Evening Prayer*

The Lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection.  
He is my shield, the power that saves me, and my place of safety.

Psalm 18:2

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, I felt your unfailing love today.

It never failed as I walked close to you.

May I always remember how solid your love for me is.

Your strength has sustained me all day long, and helped me to be strong for others.

May I always remain rooted in you,

For you alone give me the strength and stability I need.

# *Scripture Meditation*

He alone is my rock and my salvation,  
my fortress where I will not be shaken.

Psalm 62:6

Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock.

Matthew 7:24

# *Prayer of Thanksgiving*

God, thank you for your safe and stable love.

I've never been alone. I've trusted and rested in you.

Thank you for showing me that your way is best,

And how special a stable and strong trust in you truly is.

When my trust in you is stable, then the rest of my life is too.

May those around me feel your love through my strong faith.

Thank you for helping me to become a woman of stability,

A woman who trusts in you no matter what.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I remember to remain stable and strong  
As I meditate on your goodness, mercy, and love.  
May I always choose solid ground over shaky sand,  
And build my life on the rock of your love.

## *Thursday Morning Prayer*

For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland.

Isaiah 43:19

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, as a new day dawns help me to embrace the inevitability of change,  
Knowing that through change, I learn and grow.  
Change allows me to grow more like you,  
Each day please help me to love more and more.  
May I become a woman who welcomes change,  
Knowing that when I embrace the life you gave me I grow closer to you.

# *Scripture Meditation*

Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.

Romans 12:2

Instead, let the Spirit renew your thoughts and attitudes. Put on your new nature, created to be like God—truly righteous and holy.

Ephesians 4:23-24

## *Prayer of Thanksgiving*

God, thank you for the changes that have happened in my life.  
They haven't always been easy, but through change I've grown stronger.  
Each experience in my life has shaped and molded me,  
And I'm now a woman who's closer to you than I was before.  
Thank you for helping me adapt to new situations as they arise,  
As I stay close to and rooted in you.  
The waves of life have shaped me into the woman I am now,  
And I thank you for being with me during each step I've taken.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, while my trust in you is unchanging, I know this world is not.  
Help me meet today with a good attitude, even in the face of change.  
May I continuously remember to seek you  
Through the changing phases of my life.

# *Thursday Evening Prayer*

Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.

Proverbs 3:5-6

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, I've felt your presence with me today,  
Even though everything hasn't gone exactly to plan.  
May I rest in the fact that your will for me is good.  
I know that you always offer me grace, love, and mercy.  
May I hold onto your hope through the changes of my life.

# *Scripture Meditation*

But blessed are those who trust in the Lord and have made the Lord their hope and confidence.

Jeremiah 17:7

This I declare about the Lord: He alone is my refuge, my place of safety; he is my God, and I trust him.

Psalm 91:2

## *Prayer of Thanksgiving*

God, thank you for opening my eyes to your goodness

As my life has changed and I've grown closer to you.

Thank you for helping me adapt to changes,

Knowing that you are always walking beside me.

Thank you for helping me become a woman of wisdom

Who follows you closely through life's twists and turns.

May I always adapt when I need to.

Thank you for your love, which surrounds me no matter what happens in my life.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I rest well tonight as I remember that your compassion is neverending.  
The changes I've encountered will cause me to become a stronger woman of God.  
May I face each day with a good attitude,  
Knowing that adapting to change builds strength and resilience.

# *Friday Morning Prayer*

I pray that God, the source of hope, will fill you completely with joy and peace.

Romans 15:13

*In stillness, be aware of God's presence.*

# *Opening Prayer*

God, I have visions for what I want my life to look like.

I give them to you.

Please help my visions align with your will.

Through you, I have so much hope for the future.

Your vision is always good and loving.

May I face the day with hope and excitement,

Knowing that the future is filled with your love.

# *Scripture Meditation*

You will have a future living in hope, and your hope will never be cut off.

Proverbs 23:18

But those who trust in the Lord will find new strength.

They will soar high on wings like eagles.

They will run and not grow weary.

They will walk and not faint.

Isaiah 40:31

## *Prayer of Thanksgiving*

God, thank you for the vision you have for my life,

For goodness, peace, and love.

May I walk in your vision today.

I know you want the best for me, and I want to become a woman who fully depends on you.

Thank you for giving me a godly vision.

May it pour out of my life and into the lives of others.

Thank you for love. Thank you for peace.

Thank you for speaking life into me, and may I grow into the vision you have for me.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, help me to have a godly vision.

May my mind align with yours.

With your vision, my life will become better each day.

May I always remember to lean on you and trust your will.

# *Friday Evening Prayer*

Then Jesus said, “Come to me, all of you who are weary and carry heavy burdens, and I will give you rest.”

Matthew 11:28

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, your vision for my life is so, so good.

You are full of compassion and loving kindness.

May I rest knowing that you want what's best for me.

I trust your vision and want what you want.

May I become a woman of vision

Who's rooted in you and your love.

# *Scripture Meditation*

You are my refuge and my shield;  
Your word is my source of hope.

Psalm 119:114

Hope deferred makes the heart sick,  
but a dream fulfilled is a tree of life.

Proverbs 13:12

## *Prayer of Thanksgiving*

God, thank you for everything you've given me.

I know your vision is abundant and life-giving.

Thank you for helping me become a godly woman who Always trusts in your ways and love.

I know you will always provide for me abundantly.

Your peace, love and truth are neverending.

Thank you for the vision you've given to me.

May I always remember to seek you as I envision my future.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I continue to grow closer to you  
As I envision what you'd like my life to look like.  
I know that you always have my best in mind.  
May your vision for my life come to pass.

# *Saturday Morning Prayer*

And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.

Philippians 1:6

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, may your wholeness make me whole.

In you I have everything I need.

You are perfectly complete, and desire the same

As I grow closer and closer to you.

Help me become a woman who trusts in you completely,

For you are completely compassionate and faithful.

# *Scripture Meditation*

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

Romans 15:13

For in Christ lives all the fullness of God in a human body. So you also are complete through your union with Christ, who is the head over every ruler and authority.

Colossians 2:9-10

# *Prayer of Thanksgiving*

God, thank you for the opportunity to praise you today  
For you lack nothing in wisdom and love.  
You always finish what you start,  
Both in those who seek you and in your promises.  
Thank you for completing a good thing in me,  
And for helping me to become a stronger woman of God.  
In you, I am all things.  
Thank you for your neverending compassion.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I remember that you are completely perfect,

And apply your will to my life.

Today I hope to serve you with my whole heart.

May I show compassion to others how you show compassion to me.

# *Saturday Evening Prayer*

I want them to be encouraged and knit together by strong ties of love. I want them to have complete confidence that they understand God's mysterious plan, which is Christ himself.

Colossians 2:2

*In stillness, be aware of God's presence.*

## *Opening Prayer*

God, tonight I remember that you are complete,  
Wholly and completely good.  
I am made complete through you.  
And your compassion surrounds me always.  
Help me to rest in your perfect love  
Both this evening and always.

# *Scripture Meditation*

He is the Rock; his deeds are perfect.

Everything he does is just and fair.

He is a faithful God who does no wrong;

how just and upright he is!

Deuteronomy 32:4

God's way is perfect.

All the Lord's promises prove true.

He is a shield for all who look to him for protection.

Psalms 18:30

# *Prayer of Thanksgiving*

God, thank you for completing my life.

Without you, a piece of me would be missing.

In your kindness, you've made me complete and whole.

I'm a woman of God who longs to rest in you.

Thank you for helping me in my life.

I know that your perfection never fails.

In you, I'm able to grow and learn

How to share your compassion and love to others.

*Thank God for the blessings in your life.*

## *Closing Prayer*

God, may I always rest in your completeness

Both tonight and always.

Your love has made me whole.

May I remember to always trust you with my whole life.



*About the Author:*

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